

# More \_\_\_\_\_, Less \_\_\_\_\_

Pass out a deck of sticky notes to each participant. On a whiteboard, the facilitator will draw 2 columns: "more" and "less". Each participant will then fill out a sticky for something they want to see more of in a meeting and something they want to see less of in a meeting.

An example would be: "more listening, less talking." Have each participant call out the pairs they are attaching to the white board. This activity should start out quickly as participants complete the "low hanging fruit", with the rate of post-ups getting slower towards the end.

More \_\_\_\_\_,

Less \_\_\_\_\_

Listening

Talking

Agenda

Shootin'  
from the hip

etc.

etc.

